



# Community CPR Education



The Princeton First Aid & Rescue Squad offers three levels of American Heart Association CPR classes, ranging from introductory to advanced:

- **CPR for Family and Friends** – This CPR awareness program is intended for family members, friends and members of the community who want to learn how to perform CPR on adults, children, and infants, and how to help someone who is choking, but who do not need a certification card. No prior medical knowledge or training is assumed. (2 ½ - 3 hours)
- **Heartsaver CPR with AED** – This certification course is intended for laypeople who have a duty to respond to a cardiac emergency because of job responsibilities, who want to learn to use an AED, or who would like an AHA Heartsaver CPR certification card. (3 ½ - 4 hours)
- **BLS for Healthcare Providers** – This certification course is for health care providers, such as EMS personnel and nurses, or others who need certification in Healthcare Provider CPR (also known as Basic Life Support). This also satisfies the “CPR for the Professional Rescuer” requirement. (4 ½ hours)

**For a schedule of future classes, visit [www.pfars.org](http://www.pfars.org) and follow the “LEARN CPR” link.**

Currently, we offer a **CPR for Family and Friends** class roughly once per month. This class is offered free of charge, but advanced registration is required and class size is limited. You will receive a book the night of the class that is yours to keep. Classes are held at the Princeton First Aid & Rescue Squad, 237 N. Harrison Street, Princeton NJ (just south of the Princeton Shopping Center).

We will also offer BLS and Heartsaver CPR classes, as well as First Aid, if there is sufficient interest. For more information on any of our programs, to be notified of future classes, or to talk to someone about arranging a customized CPR class for your organization or community group, please email [learncpr@pfars.org](mailto:learncpr@pfars.org).

To register: you may fax the completed registration form to (609) 924-3335; or detach and mail to Princeton First Aid & Rescue Squad, ATN CPR, P.O Box 529, Princeton NJ, 08542; or email the information requested below to [learncpr@pfars.org](mailto:learncpr@pfars.org) . In any case, someone will get back to you with the status of your registration. Please print clearly and make sure your email address is legible!

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## Princeton First Aid & Rescue Squad Community CPR Registration Form:

Class Date: \_\_\_\_\_ (follow the “LEARN CPR” link at [www.pfars.org](http://www.pfars.org) for a list of available classes)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Best phone number to reach you: \_\_\_\_\_ Email: \_\_\_\_\_

How did you hear about this program? \_\_\_\_\_